



June 2015

# Have Your Say

## Moran Reserve Exercise Station Concept Design

A concept design has been finalised for public comment on the Moran Reserve Exercise Station upgrade.

View and provide feedback on the plan at:

**[www.haveyoursayatportphillip.net.au](http://www.haveyoursayatportphillip.net.au)**

For more information contact Council's Foreshore Coordinator via ASSIST on 9209 6777 or email [ospace@portphillip.vic.gov.au](mailto:ospace@portphillip.vic.gov.au)

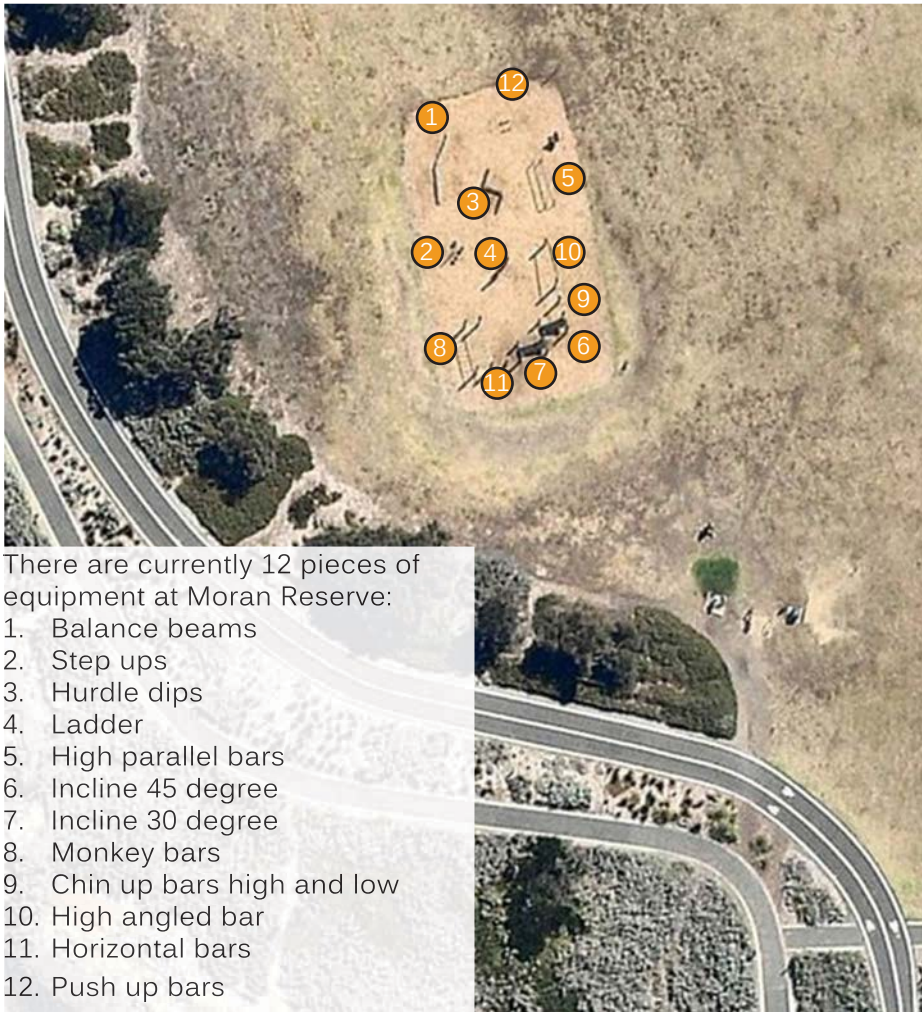
"I love to work out at Moran Reserve Exercise Station. I really appreciate this initiative"





# Existing conditions

There are currently 12 pieces of equipment at Moran Reserve:



There are currently 12 pieces of equipment at Moran Reserve:

1. Balance beams
2. Step ups
3. Hurdle dips
4. Ladder
5. High parallel bars
6. Incline 45 degree
7. Incline 30 degree
8. Monkey bars
9. Chin up bars high and low
10. High angled bar
11. Horizontal bars
12. Push up bars



## What we heard...

Feedback from the community consultation period has been used to inform the concept design. Common themes that emerged were:

### Install signage

"A board showing sample exercises for each equipment would be beneficial and help maximise use."

### Remove mulch - replace with rubber

"Rubber would be a much safer option to substitute for the existing bark, and would also make the station more accessible during the winter months."

### Add more equipment

"Equipment used for Pull-ups, chin-ups and push ups are really the most widely used equipment and more of these in this area would be beneficial."

"Just more of the inclines. They are always in use so I can never use them"

### Other types of equipment

"Gymnastic rings and a rope would be a perfect addition"

### Council's response

New instructional signage included in the upgrade.

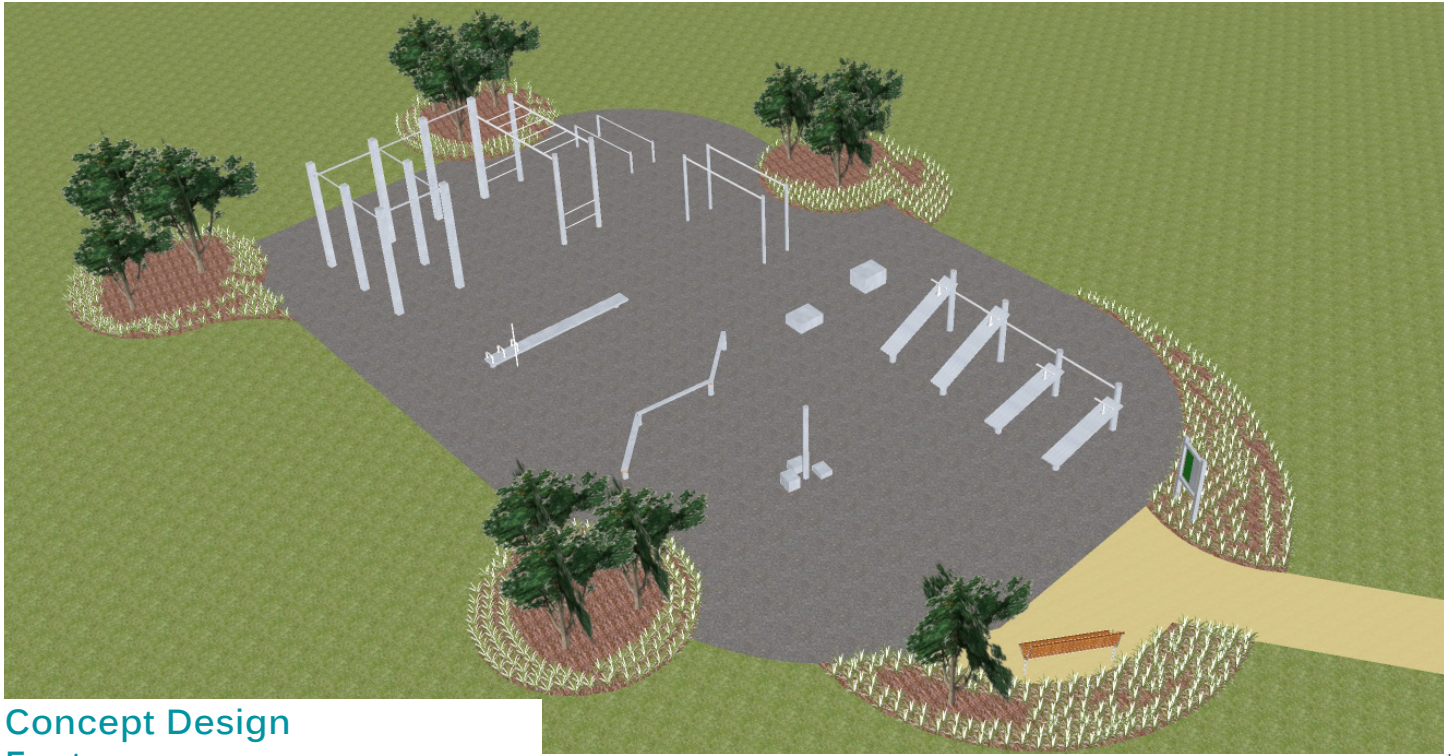
A recycled rubber surface is proposed for the upgrade

More equipment to be installed with an additional 6 chin up bars, box jumps, inclines and low parallel bars.

These pieces of equipment are unsuitable for outdoors and have a high risk of vandalism and liability to Council, so are unable to be included.

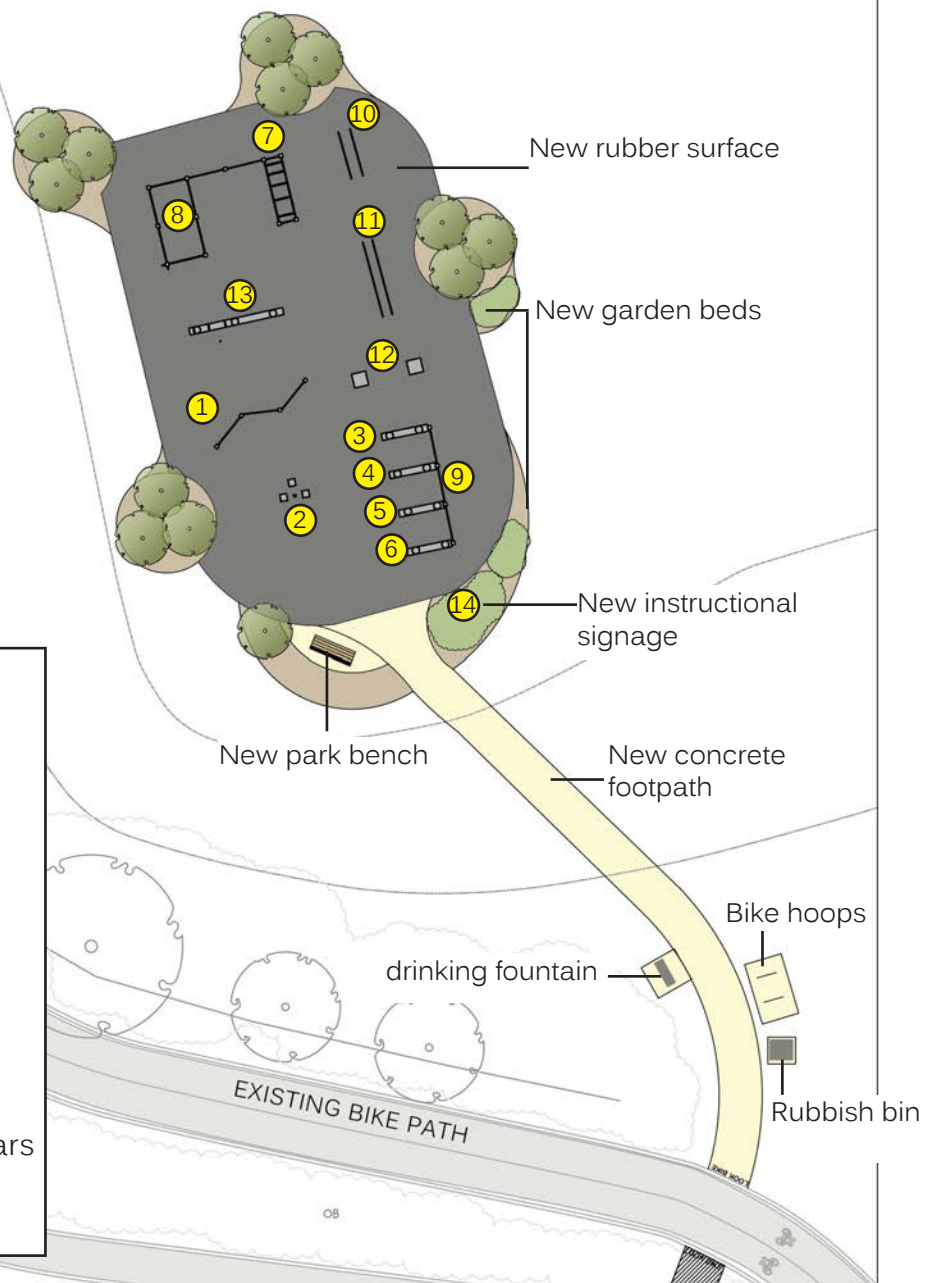


# Concept Design



## Concept Design Features

- ✓ Upgrade of existing equipment
- ✓ Additional 6 chin up bars of different heights
- ✓ 2 additional inclines
- ✓ 2 new box jumps
- ✓ New level bench and squat post and bars
- ✓ Instructional signage
- ✓ Rubber surface underneath
- ✓ Coastal vegetation planted around the site



## Proposed Equipment

1. Balance beam
2. Step ups
3. Incline 45 degree
4. Incline 45 degree
5. Incline 30 degree
6. Incline 30 degree
7. Monkey bars
8. Chin up bars high and low x 8
9. Horizontal bars
10. Parallel bars low
11. Parallel bars high
12. Box jumps x 2
13. Level Bench with Squat Post and Bars
14. 4 Instructional signs located around the equipment.

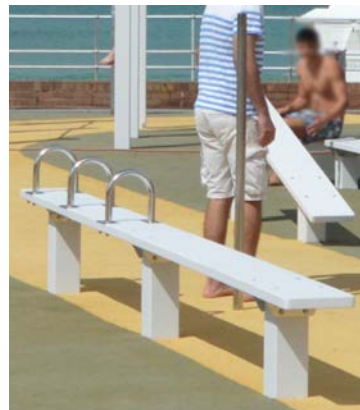
# Equipment examples



Chin up heights  
1600mm, 1800mm, 2000mm,  
2150mm x 2, 2250mm,  
2400mm 2500mm



Parallel bars both high  
and low



New level bench and  
squat post and bars

## PLANTING

At current there is no vegetation around the exercise station. Council proposes to plant native grasses, shrubs and trees around the site. The species list is attached, with all of these currently planted along Elwood canal and in Moran Reserve.



## RUBBER SURFACING

Soft fall rubber surfacing is proposed to eliminate concerns with the existing chip bark mulch. Having rubber will provide consistency across the site and provide a stable landing surface with adequate cushioning.



## EXISTING AMENITY & ACCESS

The proposal includes reconfiguring the locations of the existing drinking fountain, bike hoops and rubbish bin. A concrete footpath is proposed from the fitness station to the existing walking and bike paths.



*Note: Images used for illustrative purposes only. Final design will be displayed online and onsite after the community consultation period.*





# Moran Reserve Exercise Station Next Steps

Consultation period closes 10 July 2015

Final design published online and onsite via signage

Construction period - 2015/2016

[www.haveyoursayatportphillip.net.au](http://www.haveyoursayatportphillip.net.au)

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